

<https://doi.org/10.63894/2024122504>

**Developing Business Strategy for A Smart Pillow
Start-Up in the Malaysian Bedding Industry:
A Case Study of Urspillow Inc.**

Peihuan Luo^{1*}, Abdul Rashid bin Abdullah¹

¹ School of Business and Economics, Universiti Putra Malaysia

*Corresponding Email: lyoon1020@gmail.com

Abstract

The rising prevalence of sleep disorders in Malaysia creates a market opportunity for innovative sleep technology. This study develops a business strategy for UrsPillow Inc., a smart water pillow startup in Kuala Lumpur, using PESTEL, Porter's Five Forces, SWOT, and a survey (n=78). Key findings: 70.5% experience insomnia, 75.6% have morning neck/back pain, 91.0% struggle waking up, 92.3% are willing to use a water pillow, and 79.5% consider the pillow very important. Financial projections show first-year sales of MYR 1.85 million and a payback period of 1.06 years. A differentiated strategy targeting middle-income earners and insomnia patients is proposed.

Keywords: business strategy; smart pillow; sleep technology; insomnia; marketing strategy; new venture; Malaysia; SWOT analysis; Porter's Five Forces

This is an open access article. Published by MC Global Eduinfo Sdn. Bhd.

DOI: 10.63894/2024122504

ISSN: 3030-6272 eISSN: 3030-6779

1.0 Introduction

1.1 Background and Motivation

Sleep disorders constitute a growing global public health concern, with insomnia representing one of the most prevalent and debilitating conditions affecting quality of life, workplace productivity, and long-term physical and mental well-being (Morin & Benca, 2012; Riemann et al., 2017). In the Malaysian context, Zailinawati, Mazza, and Teng (2012) documented a 33.8% prevalence rate of insomnia among primary care patients, with chronic insomnia—defined by the American Academy of Sleep Medicine (AASM, 2014) as persistent difficulty initiating or maintaining sleep occurring at least three nights per week for at least three months—affecting approximately 12.2% of the general population. The economic and social burden associated with these conditions, including impaired cognitive performance, increased absenteeism, and elevated healthcare utilization, has stimulated demand for technological solutions capable of addressing both the physiological and environmental determinants of sleep quality.

Globally, the sleep technology market has experienced substantial growth, driven by advances in the Internet of Things (IoT), miniaturized biometric sensors, and mobile health applications. The digital economy already contributed 18.3% of Malaysia's GDP in 2017, with projections of reaching 20% by 2020 (Malaysia Digital Economy Blueprint), underscoring the country's readiness for IoT-enabled consumer health products (Wok & Mohamed, 2017). Within this broader context, smart bedding products—including instrumented mattresses, sleep trackers, and intelligent pillow systems—have emerged as a nascent product category attracting considerable commercial and academic attention. Despite this global momentum, the Malaysian bedding industry remains largely characterized by conventional, undifferentiated products, with established players such as Getha Corporation, Dreamland, and Sweet Dream offering limited integration of digital health technology (Inn, 2017).

This market gap—the absence of a pillow product comprehensively addressing insomnia, uncomfortable waking, and musculoskeletal discomfort—constitutes the primary entrepreneurial opportunity motivating this study. Abrupt acoustic alarms have been associated with elevated cardiovascular stress responses upon waking (Kalb, 2013), suggesting that conventional alarm mechanisms may compound, rather than ameliorate, sleep-related health burdens. An integrated smart pillow combining temperature modulation with a progressive, vibration-based waking system could address this unmet need while simultaneously differentiating itself within the competitive landscape.

1.2 Research Objectives

The objectives of this study are threefold:

(1) To analyze the external macro-environment, competitive landscape, and internal capabilities relevant to the establishment of UrsPillow Inc. in the Malaysian smart pillow market.

(2) To assess consumer needs, willingness-to-adopt, and preferences regarding sleep quality, pillow products, and alarm functionality through primary market research.

(3) To formulate a comprehensive, evidence-based marketing strategy, encompassing target market identification, marketing mix, branding, competitive positioning, and financial projections—for the market entry of UrsPillow Inc.

1.3 Significance and Contribution

This study makes several contributions to the extant literature. First, it extends the entrepreneurial strategy literature by providing an empirically grounded case study of new venture strategy development in the emerging Malaysian wellness technology sector. Second, it demonstrates the applicability of classical strategic frameworks in the context of technology-embedded consumer health products. Third, the primary consumer data provide novel empirical insights into sleep disorder prevalence and smart product adoption intentions among urban Malaysian consumers. Fourth, the inclusion of financial viability projections bridges the gap between academic strategy formulation and practical entrepreneurial decision-making.

2.0 Literature Review

2.1 Sleep Disorders and the Economics of Insomnia

Insomnia is operationally defined as persistent difficulty initiating or maintaining sleep, or early morning awakening with inability to return to sleep, accompanied by significant daytime impairment despite adequate sleep opportunity (AASM, 2014; Morin & Benca, 2012). The condition is highly prevalent globally, with epidemiological estimates ranging from 10% to 30% of adult populations experiencing chronic insomnia symptoms (Riemann et al., 2017). In Malaysia, Zailinawati et al. (2012) documented a 33.8% point prevalence among primary care patients, with insomnia disproportionately affecting urban, middle-aged, and female populations. The economic burden of insomnia is substantial: beyond direct healthcare costs, indirect costs arising from reduced workplace productivity, increased absenteeism, and elevated accident risk impose significant societal costs (Daley et al., 2009). Research by

Synovate further reveals that 55% of Malaysian young adults aged 25–34 are willing to pay a premium for high-quality goods and services, indicating strong market receptiveness to a well-positioned sleep health product.

The rising prevalence of sleep disorders, combined with growing consumer health literacy and the proliferation of wearable technology, has catalyzed demand for non-pharmacological sleep improvement solutions. Smart bedding products have achieved commercial traction in Western markets; however, academic research on consumer adoption of such products in the Southeast Asian context remains nascent.

2.2 The Malaysian Bedding Industry and Competitive Dynamics

The Malaysian bedding industry is characterized by moderate market concentration, with several established domestic firms—most notably Getha Corporation Sdn. Bhd., Dreamland, and Sweet Dream—competing on dimensions of brand recognition, product quality, and distribution breadth (Inn, 2017). These incumbents have historically focused on conventional latex and memory foam products, with limited integration of digital health technology. The bedding segment operates within the broader home furnishing sector, which has benefited from Malaysia's sustained economic growth and rising middle-class expenditure on home improvement (Yusof, 2018).

Despite the strength of incumbent competitors, the absence of a commercially available smart pillow product combining temperature regulation with integrated alarm functionality represents a structural market gap—a 'blue ocean' opportunity in Kim and Mauborgne's (2005) terminology. The theoretical proposition underlying UrsPillow's strategy is that incumbents' strategic focus on conventional product attributes creates a viable entry point for a technology-differentiated challenger targeting underserved consumer segments.

2.3 Strategic Frameworks for Technology-Based New Ventures

The strategic management literature provides a well-developed toolkit for new venture strategy formulation. PESTEL analysis offers a structured approach to macro-environmental scanning (Ferrell & Hartline, 2014). Porter's (1985) Five Forces model provides a framework for assessing industry attractiveness and competitive intensity. Internally, the SWOT matrix facilitates the alignment of organizational strengths and weaknesses with external opportunities and threats (Kotler & Keller, 2016). At the operational level, the marketing mix (4Ps) framework—product, price, place, and promotion—remains a foundational tool for market entry strategy formulation. The integration of financial projections into the strategic planning framework further enables

assessment of venture viability, a dimension often underrepresented in academic business strategy studies.

2.4 Technology Adoption and Consumer Behavior in Malaysia

Consumer adoption of smart health products is theoretically grounded in the Technology Acceptance Model (TAM), which posits that perceived usefulness and perceived ease of use are the primary determinants of behavioral intention to adopt a technology (Davis, 1989). In the Malaysian context, Wok and Mohamed (2017) document internet penetration exceeding 85.7% as of 2018 and growing smartphone adoption, creating a conducive digital infrastructure for IoT-enabled health products. The country's expanding middle class—characterized by rising health consciousness and increasing disposable income—is theorized to constitute a particularly receptive market for premium wellness technology products (Yusof, 2018).

3.0 Methodology

3.1 Research Design

This study employs a mixed-methods sequential explanatory research design (Creswell & Plano Clark, 2017), integrating secondary data analysis for macro-environmental and competitive assessment with primary quantitative data collection for consumer preference analysis. The secondary analysis drew on peer-reviewed academic literature, official government and institutional reports, and credible industry publications to evaluate the macro-environment, competitive landscape, and technology adoption context.

3.2 Survey Instrument and Data Collection

A structured, self-administered questionnaire was designed comprising closed-ended items organized into six thematic sections: (1) sociodemographic and income characteristics; (2) sleep quality and insomnia prevalence; (3) physical discomfort upon waking; (4) pillow usage, purchasing criteria, and satisfaction; (5) alarm clock usage and associated challenges; and (6) awareness of and willingness to adopt a smart water pillow. The complete questionnaire instrument is provided in Appendix A.

The questionnaire was administered to a convenience sample of 78 respondents (from approximately 100 distributed) in the Kuala Lumpur metropolitan area. Respondents were recruited at public locations and via referral networks, targeting adult consumers aged 18 years and above. Descriptive statistics (frequencies and percentages) were computed using IBM SPSS Statistics Version 25 to summarize the findings.

3.3 Analytical Framework

The strategic analysis integrated five complementary analytical tools: (1) PESTEL analysis for macro-environmental scanning; (2) Porter's (1985) Five Forces model for industry-level competitive analysis; (3) SWOT matrix for internal-external strategic alignment; (4) the 4Ps marketing mix framework for market entry strategy formulation; and (5) financial projection modeling for viability assessment. The integration of these frameworks follows the triangulation principle, whereby convergent findings across multiple analytical lenses enhance the validity and robustness of strategic conclusions (Patton, 2002).

3.4 Limitations

Several limitations circumscribe the scope and generalizability of the findings. First, the sample size ($n = 78$) obtained via non-probability convenience sampling limits statistical power and representativeness. Second, the cross-sectional design captures consumer preferences at a single point in time, precluding assessment of preference dynamics over time. Third, the absence of inferential statistical testing constrains the ability to identify statistically significant relationships among variables. Fourth, financial projections are based on assumptions that require empirical validation post-launch. Future research should address these limitations through longitudinal, probability-based survey designs incorporating advanced quantitative methods.

4.0 Results and Analysis

4.1 External Environment: Pestel Analysis

4.1.1 Economic Environment

Malaysia's macroeconomic environment presents favorable conditions for new consumer health product ventures. The unemployment rate stood at 3.3% as of August 2019—near its structural minimum—while consumer price inflation has remained at approximately 2% since April 2016, preserving household purchasing power (World Bank, 2019). Despite the 2008–2009 global crisis, Malaysian consumer expenditure has risen on an annual basis, and real GDP growth has averaged approximately 5% per annum over the preceding decade. The ongoing expansion of Malaysia's middle class—projected to represent over 45% of households by 2020—has driven increasing consumer expenditure on health, wellness, and home furnishing products (Yusof, 2018). Notably, Synovate research indicates that 55% of Malaysian young adults aged 25–34 are willing to pay a premium for high-quality goods and services, directly supporting the premium pricing rationale for the Water Pillow.

4.1.2 Political and Regulatory Environment

Malaysia's political environment is characterized by institutional stability, and the regulatory framework is broadly business-friendly (Xinhua, 2018). The Index of Economic Freedom (2019) rates Malaysia favorably on dimensions of business freedom, property rights, and regulatory efficiency. Notably, no minimum capital requirement applies to company formation, minimum wage regulations are flexible, and restrictions on working hours are accommodating, collectively reducing barriers to entry for start-up ventures. Compliance with the Consumer Protection Act 1999, the Sale of Goods Act 1957, and relevant product safety standards administered by SIRIM QAS International constitutes a necessary prerequisite for market entry.

4.1.3 Social and Demographic Environment

A structural shift toward health consciousness among urban Malaysian consumers has increased demand for products that improve sleep quality, manage stress, and enhance overall wellness. Urbanization rates exceeding 75% concentrate this health-conscious demographic in major metropolitan areas, facilitating cost-effective retail and marketing strategies. The multicultural composition of Malaysia's population—comprising diverse communities with varying buying power and cultural preferences—necessitates culturally sensitive product packaging and communication strategies. Growing online shopping adoption further supports the dual-channel (physical retail and e-commerce) distribution strategy proposed for UrsPillow.

4.1.4 Technological Environment

Malaysia's high internet penetration (85.7% as of 2018) and widespread smartphone adoption provide a supportive digital infrastructure for IoT-enabled health products and e-commerce distribution strategies (Wok & Mohamed, 2017). The digital economy's contribution to Malaysia's GDP—18.3% in 2017, projected to reach 20% by 2020—signals continued government investment in digital infrastructure. The rising demand for wearable health devices and smart home technology creates favorable conditions for consumer-facing IoT products, including smart pillows integrating mobile application connectivity. UrsPillow's existing presence on Etsy—an international online marketplace for handmade and artisan products—provides an early proof-of-concept for digital market reach.

4.1.5 Environmental and Legal Environment

Growing environmental consciousness among Malaysian consumers has increased demand for eco-friendly and sustainably produced goods, creating an opportunity for UrsPillow to position water-based pillow technology as a sustainable alternative to petroleum-derived synthetic foam. From a legal perspective, compliance with Malaysia's Employment Act 1955, Occupational Safety and Health Act 1994, and relevant consumer protection and product liability legislation is requisite. The political issue of cotton sourcing from India—where low prices for cotton coupled with high prices for chemicals have created supplier instability (Gutierrez et al., 2015)—warrants proactive supply chain diversification to mitigate raw material cost volatility.

4.2 Competitive Analysis: Porter’s Five Forces

Table 1 summarizes the competitive intensity assessment across Porter’s (1985) Five Forces dimensions

Table 1: Porter’s Five Forces Analysis for the Malaysian Smart Pillow Market

Competitive Force	Intensity	Rationale
Threat of New Entrants	Moderate	Low capital barriers for conventional pillow entry; smart pillow technology requires specialized IoT expertise and R&D investment, raising effective barriers for technologically differentiated entry.
Bargaining Power of Suppliers	Low–Moderate	Multiple suppliers available for raw materials; Indian cotton supply chain instability (Gutierrez et al., 2015) warrants diversification. Electronic components may face moderate supplier concentration.
Bargaining Power of Buyers	Moderate	Individual consumers have low individual bargaining power; however, availability of conventional substitutes creates moderate collective buyer power. Quality dominance over price in purchasing criteria (53.8% vs 42.3%) moderates this force.
Threat of Substitute Products	Moderate–High	Conventional pillows, sleep aid medications, wearable sleep trackers, and noise machines constitute substitutes. Differentiation through integrated multi-functional features reduces substitutability.

Rivalry Among Existing Competitors	Low (direct) High (indirect)	No current competitor offers a combined temperature-regulation and smart alarm pillow; however, broader competition from Getha, Dreamland, and Sweet Dream for consumer wallet share is intense.
------------------------------------	---------------------------------	--

4.3 Primary Market Research Findings

The descriptive results of the questionnaire survey (n = 78) are presented in Table 2. The survey findings reveal several strategically significant patterns. First, the 70.5% insomnia prevalence rate substantially exceeds the 33.8% rate documented in Zailinawati et al.'s (2012) broader primary care sample, potentially reflecting the heightened occupational stress characteristic of the urban, middle-income demographic surveyed. Second, the near-universal acknowledgement of pillow importance (79.5% rating it 'very important') combined with widespread pillow-switching due to musculoskeletal discomfort (75.6% citing migraine pain or shoulder stiffness) underscores a pervasive gap between current product offerings and consumer needs. Third, the dominance of quality (53.8%) over price (42.3%) as the primary purchasing criterion validates the premium pricing rationale. Fourth, the high willingness to adopt (92.3%) juxtaposed with low prior water pillow experience (33.3%) indicates a large addressable market of consumers receptive to innovation but requiring product education. Finally, the near-total dissatisfaction with acoustic alarm clocks (93.6% reporting some form of discomfort) directly validates the vibration-based alarm value proposition.

4.4 SWOT Analysis

The SWOT analysis (Table 3) reveals that UrsPillow's primary strategic asset is its first-mover position in a product category simultaneously addressing multiple prevalent consumer pain points. The alignment of the company's technological differentiation with macro-level opportunities — particularly the high insomnia prevalence, expanding wellness technology market, and Malaysia's favorable digital infrastructure — creates a structurally favorable competitive position. The central strategic imperatives are: (1) to build brand awareness and consumer trust rapidly, before technologically capable incumbents can replicate the core innovation; (2) to overcome consumer apprehension through evidence-based communication and accessible trial mechanisms;

and (3) to diversify the supply chain to mitigate raw material cost volatility.

Table 2: Comprehensive Summary of Primary Survey Findings (n = 78)

Variable / Indicator	Frequency (n)	Percentage (%)
A. Monthly Household Income (MYR)		
RM2,000–RM2,999	5	6.4
RM3,000–RM3,999	13	16.7
RM4,000–RM4,999 (largest group)	53	67.9
Above RM5,000	7	9.0
B. Sleep Quality, Insomnia, and Physical Discomfort		
Experience insomnia (Yes)	55	70.5
Experience neck/back pain upon waking (Yes)	59	75.6
C. Pillow Importance, Preferences, and Prior Experience		
Right pillow is 'very important' to sleep routine	62	79.5
Primary purchasing criterion: Quality	42	53.8
Primary purchasing criterion: Price	33	42.3
Primary purchasing criterion: Availability	3	3.8
Previously tried non-traditional pillow: Memory foam (most common)	38	48.7
Reason for pillow switch: Migraine pain / shoulder stiffness	59	75.6
Reason for pillow switch: Pillow too high / too low	10	12.8
Reason for pillow switch: Head sinking too deep	9	11.5
Pillow quality 'very important' (standalone rating)	50	64.1
D. Smart Water Pillow Adoption Intentions		
Prior experience with water pillow (Yes)	26	33.3
Believe correct pillow resolves sleep problems (Yes)	72	92.3
Willing to adopt a water pillow (Yes)	72	92.3
E. Alarm Clock Usage and Waking Behavior		
Difficulty waking up (Yes)	71	91.0
Use alarm clock daily (Yes)	75	96.2
Primary alarm challenge: Jolting noise	39	50.0
Primary alarm challenge: Partner's alarm	20	25.6

Primary alarm challenge: Loud noise dislike	14	17.9
Satisfied with alarm clock	5	6.4

Table 3: SWOT Matrix for UrsPillow Inc.

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> • First-mover advantage: no direct competitor offering integrated temperature regulation + smart alarm pillow • Product addresses multiple concurrent unmet needs simultaneously (insomnia, musculoskeletal discomfort, waking difficulties) • Proprietary temperature regulation and vibration-based alarm technology • High customization capability: material, size, firmness, fragrance, app or remote control • Quality-focused consumer base (53.8% prioritize quality) supports premium positioning • Established Etsy online presence provides early proof-of-concept for digital sales 	<ul style="list-style-type: none"> • No brand recognition or consumer awareness as a new entrant • Limited financial resources (RM 400,000 startup capital) relative to established competitors • Higher unit production costs (RM 150–200) than conventional pillow manufacturers • Immature supply chain; components sourced at consumer-level costs • Competing for market share against well-established firms (Getha, Dreamland, Sweet Dream)
OPPORTUNITIES	THREATS
<ul style="list-style-type: none"> • High and growing insomnia prevalence (33.8%–70.5%) in urban Malaysian population • Expanding wellness technology and wearable device market • Rising middle-class health consciousness and disposable income; 55% of young adults willing to pay premium • Government MyDIGITAL initiatives enhancing IoT infrastructure • Mid Valley Megamall: ~30 million annual visitors provides captive retail audience • No clear market leader addressing both insomnia and alarm-related challenges 	<ul style="list-style-type: none"> • Potential technology imitation by resource-rich incumbent brands • Consumer technology apprehension and unfamiliarity with water pillows (only 33.3% prior experience) • Indian cotton supply chain instability may increase raw material costs (Gutierrez et al., 2015) • Entry of international smart sleep technology brands into Malaysian market • Macroeconomic volatility affecting discretionary consumer spending • Consumer fear of health risks associated with technology-embedded health products

4.5 Internal Environment and Financial Viability

UrsPillow employs a flat organizational structure comprising a general manager, financial manager, operations manager, and sales and marketing director. This decentralized structure facilitates rapid decision-making and direct customer engagement—critical capabilities during the market entry phase. The general manager oversees strategic planning; the sales and marketing director monitors market trends; the operations manager manages daily production processes; and the financial manager handles accounts, revenue, budgeting, and human resources.

The company has established four core operational objectives: (1) to achieve ISO-standard product quality and maintain consistent quality control across all production batches; (2) to build brand awareness and public image recognition; (3) to implement rigorous quality control mechanisms that generate satisfied customers and positive word-of-mouth referrals; and (4) to cultivate robust, long-term relationships with both customers and suppliers.

Financial projections, derived from cost-plus pricing analysis and market sizing estimates, indicate strong commercial viability. Total startup capital of MYR 400,000 (contributed equally by shareholders at MYR 100,000 each) will fund retail store establishment, manufacturing facility setup, and equipment procurement. First-year projected sales revenue of approximately MYR 1,854,720 with a net profit of MYR 356,873 implies a payback period of approximately 1.06 years—a highly favorable return profile for a consumer health technology start-up. Second-year projections of MYR 2,040,430 in sales and MYR 542,177 in net profit reflect anticipated brand equity accumulation and operational efficiency gains. These projections are summarized in Table 4.

Table 4: Financial Projections for UrsPillow Inc. (Years 1–2)

Financial Metric	Year 1	Year 2
Total Startup Capital	MYR 400,000	—
Projected Sales Revenue	MYR 1,854,720	MYR 2,040,430
Projected Net Profit	MYR 356,873	MYR 542,177
Payback Period	≈ 1.06 years	—
Unit Manufacturing Cost	MYR 150–200	MYR 150–200
Retail Price per Unit	MYR 300	MYR 300

5.0 PROPOSED MARKETING STRATEGY

5.1 Strategic Goals

Building on the situational analysis, four strategic goals are advanced for UrsPillow's market entry phase: (1) Brand Recognition and

Awareness—establishing visibility and positive brand associations among the target consumer segment through leveraging the novelty of the Water Pillow concept; (2) Preferred Provider Status—developing customer loyalty and preference through demonstrated product superiority and responsive customer service; (3) Trial Stimulation—overcoming the adoption barrier represented by consumers' unfamiliarity with water pillow technology through strategically designed trial and sampling programs; and (4) Trust Building—establishing consumer confidence through medical expert endorsements, transparent product disclosure, and consistent quality delivery.

5.2 Target Market Segmentation

Based on the survey findings and environmental analysis, two primary target segments are identified:

Primary Segment: Middle-income urban earners (MYR 4,000–4,999/month) experiencing one or more sleep-related problems (insomnia, neck/back pain upon waking, or waking difficulty). This segment represents the largest demographic group in the survey sample (67.9%) and exhibits the convergence of health awareness, sufficient disposable income for premium pillow products, and documented unmet need. Malaysia's steadily expanding middle class provides a growing addressable population within this segment (Yusof, 2018).

Secondary Segment: Adults with clinically diagnosed insomnia or other sleep disorders, representing the highest-need sub-population with the greatest potential to perceive and value the specific health benefits of the Water Pillow. The AASM (2014) estimates that one in five Kuala Lumpur residents experiences clinically significant sleep problems, with prevalence rates of 30–50% in the broader population. Engagement with this segment through healthcare provider channels and sleep clinic partnerships could generate high-credibility endorsements while serving a medically underserved need.

5.3 Marketing Mix Strategy

5.3.1 Product Strategy

The Water Pillow is designed as a multi-functional health product addressing three primary consumer pain points: sleep initiation difficulty, uncomfortable waking, and musculoskeletal discomfort. The product's physical architecture comprises a thick, quilted memory foam pad positioned beneath a water-based support layer. The pad contains tubes filled with water, connected via a thin cord to a small bedside tank. This water-heat system performs temperature regulation functions, controlled via a companion mobile application or a wireless remote control—providing dual-control flexibility for varying consumer preferences.

Core product features include: (a) a water-based support system with user-adjustable firmness via a fill-valve mechanism; (b) an integrated thermoelectric temperature regulation system that actively cools the pillow surface to promote sleep onset and progressively warms it to facilitate natural waking; (c) a smartphone-connected vibration-based alarm system—described as 'vibrating pants' that gently rouse the individual through haptic stimulation without acoustic disturbance to bed partners; and (d) extensive customization options encompassing material composition, dimensions, firmness gradient, design, and optional aromatherapy integration. A comprehensive user guide is included as an augmented product element, addressing potential concerns about operational complexity.

5.3.2 Pricing Strategy

A value-based pricing strategy—anchored by cost-plus calculation—is recommended, with a retail price of MYR 300 per standard unit against a manufacturing cost of MYR 150–200 (depending on size and customization specifications). This pricing reflects the product's premium positioning while remaining accessible to the target middle-income demographic. The implied gross margin of approximately 33–50% supports the marketing investment required for brand building and market education. Introductory promotional pricing—offering bundle deals, special discounts during the launch period, and sales promotion during mega sales periods—is recommended to stimulate trial during the critical brand-building phase.

5.3.3 Place (Distribution) Strategy

A dual-channel distribution strategy is proposed. The flagship retail store at Mid Valley Megamall, Kuala Lumpur—attracting approximately 30 million visitors annually (Inn, 2017)—provides high-visibility brand exposure and serves as an experiential brand touchpoint where consumers can trial the product's temperature and vibration features. The complementary e-commerce platform (including the existing Etsy presence) enables national and international market reach. For customized products, a made-to-order production and fulfillment model—with a delivery commitment of 3–4 business days via contracted third-party logistics providers—balances production efficiency with customer service expectations. As market traction develops, selective expansion into hospital gift shops, wellness centers, and specialty health retailers is recommended to access the secondary (clinically diagnosed) target segment.

5.3.4 Promotion and Communication Strategy

An integrated marketing communications strategy combines digital and

traditional channels. Digital channels include: a content-rich company website (incorporating e-commerce, sleep health resources, and a product configurator); professionally managed social media profiles across multiple platforms with a dedicated social media engagement expert; influencer partnerships with health and lifestyle content creators; blog outreach with review units sent to targeted sleep and wellness bloggers; and targeted search and display advertising. Traditional channels include: participation in the Malaysian Furniture Fair and Malaysian Furniture and Furnishing Fair; radio and television advertising; out-of-home advertising (including bus-side advertisements) in proximity to target retail locations; and promotional gifts (free pillow distribution during launch periods). The communications strategy prioritizes educational content addressing consumer unfamiliarity with water pillow technology and evidence-based sleep health messaging supported by medical expert endorsements.

5.4 Branding and Competitive Positioning

UrsPillow is positioned in the high-uniqueness, high-customization quadrant of the competitive positioning landscape, differentiating itself from established competitors that offer conventionally designed products with broader distribution but limited technology differentiation. The brand identity is anchored in the 'preciousness of life' conceptual platform—health is precious, hence there is a need to protect it—symbolized by the company logo (Figure 1) depicting a pillow cradled by two hands, rendered in navy blue to convey trust, serenity, and sophistication. The logo will be consistently deployed across all products, packaging, store environments, business cards, and promotional materials to build unified brand recognition.



Figure 1. UrsPillow Inc. Company Logo and Brand Concept Map

This positioning strategy operationalizes Kim and Mauborgne’s (2005) 'blue ocean' strategic logic by creating an uncontested market space—the smart wellness pillow category—rather than competing directly with incumbents on price or distribution scale. The risk inherent in this strategy—that incumbents may enter the smart pillow segment upon observing UrsPillow's market success—necessitates continuous investment in technological innovation and brand equity to establish durable competitive differentiation.

6.0 Implementation Plan

The marketing implementation follows a phased, twelve-month launch timeline designed to build brand awareness progressively while managing initial resource constraints. Table 5 summarizes the implementation schedule.

Table 5: Phased Implementation Timeline and Responsibilities

Phase	Timeline	Key Activities and Responsibilities
1	Feb (Month 1)	Appoint implementation monitoring team under general manager. Assign KPIs to each functional manager. Finalize organizational structure and supplier agreements.
2	Mar (Month 2)	Launch corporate website with e-commerce pre-order functionality (financial manager responsibility). Consolidate brand identity (logo, color palette, messaging). Prepare retail store setup.
3	Apr (Month 3)	Activate social media profiles across multiple platforms. Onboard social media engagement expert. Commence paid digital and traditional advertising. Open flagship retail store at Mid Valley Megamall.
4	Jun (Month 5)	Set aside production samples for additional quality testing (R&D team responsibility). Distribute review units to targeted sleep and wellness blogs. Collect and analyze initial consumer feedback.
5	Oct (Month 9)	Engage sleep medicine specialists to validate and enhance product's sleep analytics capabilities. Integrate expert endorsements into marketing collateral. Explore hospital and wellness center distribution partnerships.
6	Dec (Month 12)	Comprehensive Year 1 performance evaluation (sales and marketing director): pre-order volume, referral rates, social media reach, website traffic, customer satisfaction scores, net profit vs. projection. Strategic review and Year 2 planning.

The total estimated budget for first-year marketing implementation is approximately MYR 50,000, representing 12.5% of startup capital. Budget allocation: website development and hosting (20%), product quality testing (20%), consumer trial program (10%), medical expert consultancy (10%), customer satisfaction research (10%), and digital and traditional advertising (30%). This 70% concentration on core marketing activities reflects the critical importance of brand awareness investment during the launch phase.

7.0 Evaluation and Control

7.1 Performance Measurement Framework

Strategy effectiveness will be evaluated through a balanced scorecard incorporating four performance dimensions: (1) Financial performance—ROI, gross margin, and revenue against quarterly targets; (2) Customer performance—customer acquisition rate, net promoter score (NPS), repeat purchase rate, and online review sentiment; (3) Market performance—brand awareness recall, social media reach and engagement, and referral rates; and (4) Operational performance—on-time delivery rate, product defect rate, and customer service response times. Monthly performance reporting against established KPI targets will enable agile identification of underperforming channels or activities.

7.2 Financial and Operational Controls

The financial control framework designates 70% of the annual marketing budget to direct marketing activities, broken down as: website creation and hosting (20%), further product testing (20%), customer trials (10%), medical expert consultancy (10%), and customer satisfaction analysis (10%). The remaining 30% covers advertising across digital and traditional channels. The sales and marketing director provides weekly expenditure reports to the general manager, ensuring budget observance. Product profitability reviews conducted quarterly will assess whether pricing, cost management, and sales volume are collectively generating the targeted gross margin. Contingency provisions of 10% of total budget are recommended to address unforeseen expenditures during the launch phase.

8.0 Discussion

The integrated analysis presented in this study affirms the strategic viability of UrsPillow Inc.'s market entry proposition while simultaneously identifying the critical strategic challenges that will determine venture success. The confluence of high and growing insomnia prevalence, widespread dissatisfaction with conventional waking mechanisms, near-universal consumer receptiveness to innovative health products (92.3% willingness to

adopt), and the absence of a direct technological competitor in the Malaysian market collectively constitute a compelling entrepreneurial opportunity. The financial projections—demonstrating a payback period of approximately 1.06 years on a MYR 400,000 startup investment—further support the commercial viability of the venture.

The most significant strategic risk facing UrsPillow is the potential for technology imitation by resource-rich incumbents. Getha Corporation and Dreamland, with their established manufacturing capabilities and distribution networks, could potentially develop competing smart pillow products if market demand signals prove sufficiently strong. This threat underscores the importance of rapid market penetration and brand establishment as durable competitive barriers. Kim and Mauborgne (2005) note that blue ocean strategies are temporally bounded; their advantage accrues disproportionately to early movers who build switching costs and brand loyalty before competitors converge.

A secondary strategic risk relates to the consumer education requirement inherent in a product category with only 33.3% prior awareness. The adoption S-curve for novel health technologies in emerging markets typically exhibits a protracted diffusion lag before reaching the early majority (Rogers, 2003). UrsPillow's marketing investment must accordingly be heavily weighted toward consumer education—explaining both the problem (the health consequences of abrupt acoustic waking and suboptimal sleep temperature) and the solution—rather than assuming that product superiority will be self-evident to uninformed consumers.

The quality-dominant purchasing criterion (53.8% vs. 42.3% for price) and the Synovate finding that 55% of Malaysian young adults willingly pay a premium for quality goods collectively validate the premium pricing rationale. However, this finding should be interpreted cautiously given the potential for stated preference-revealed preference gaps, particularly for novel product categories where consumers lack direct experience to anchor their quality evaluations. From a theoretical perspective, this study illustrates the utility of integrating TAM-derived insights into new venture strategy formulation: Davis's (1989) emphasis on perceived usefulness as the primary adoption driver suggests that UrsPillow's marketing communication should foreground specific, tangible health outcomes—improved sleep onset latency, reduced musculoskeletal discomfort, and more natural waking experiences—rather than focusing primarily on technological features.

The supply chain dimension also warrants strategic attention. As a start-up with an immature supply chain sourcing components at consumer-level costs, UrsPillow faces higher unit production costs than established competitors. Proactive development of supplier relationships, bulk purchasing agreements, and potential vertical integration as volume grows will be essential to

improving unit economics over time. The identified political risk of Indian cotton supply instability (Gutierrez et al., 2015) further reinforces the need for supply chain diversification strategies from the outset.

9.0 Conclusion

This study has developed a comprehensive, empirically grounded business strategy for UrsPillow Inc., a technology-embedded new venture entering the Malaysian smart pillow market. Through systematic macro-environmental analysis, competitive assessment, primary market research, financial projection modeling, and strategic framework integration, the study confirms the existence of a substantial, underserved market opportunity for an innovative pillow product combining temperature regulation, vibration-based alarm functionality, and extensive customization.

The primary empirical contributions include: documentation of widespread unmet consumer needs (70.5% insomnia prevalence, 75.6% musculoskeletal discomfort, 91.0% waking difficulty) alongside remarkably high adoption willingness (92.3%); demonstration that quality dominates price as the primary purchasing criterion; confirmation that the vast majority of alarm clock users (93.6%) experience dissatisfaction with acoustic waking; and financial projections indicating a viable 1.06-year payback period on startup investment.

Key strategic recommendations include: (1) prioritizing rapid brand awareness investment through integrated digital and traditional media channels targeting the identified middle-income demographic; (2) leveraging sleep medicine expert endorsements to build trust and overcome technology adoption barriers; (3) implementing a phased market entry strategy anchored by a flagship retail location and e-commerce platform; (4) diversifying the supply chain to mitigate raw material cost volatility; (5) continuously monitoring competitive developments, particularly potential technology imitation by incumbent brands; and (6) investing systematically in research and development to sustain technological differentiation across the product lifecycle.

Future research should employ larger, probability-based samples and longitudinal designs to validate consumer preference patterns and track post-launch market dynamics. Conjoint analysis or discrete choice experiments would provide more granular insights for product development prioritization. Cross-cultural comparative research examining smart pillow adoption dynamics across Southeast Asian markets would further contextualize the Malaysian findings within the regional wellness technology landscape.

References

- American Academy of Sleep Medicine (AASM). (2014). *International classification of sleep disorders* (3rd ed.). Darien, IL: Author.
- Booms, B. H., & Bitner, M. J. (1981). Marketing strategies and organisation structures for service firms. In J. Donnelly & W. R. George (Eds.), *Marketing of services* (pp. 47–51). Chicago, IL: American Marketing Association.
- Creswell, J. W., & Plano Clark, V. L. (2017). *Designing and conducting mixed methods research* (3rd ed.). Thousand Oaks, CA: SAGE Publications.
- Daley, M., Morin, C. M., LeBlanc, M., Grégoire, J. P., & Savard, J. (2009). The economic burden of insomnia: Direct and indirect costs for individuals with insomnia syndrome, insomnia symptoms, and good sleepers. *Sleep*, 32(1), 55–64. <https://doi.org/10.1093/sleep/32.1.55>
- Davis, F. D. (1989). Perceived usefulness, perceived ease of use, and user acceptance of information technology. *MIS Quarterly*, 13(3), 319–340. <https://doi.org/10.2307/249008>
- Ferrell, O. C., & Hartline, M. D. (2014). *Marketing strategy: Text and cases* (6th ed.). Mason, OH: South-Western Cengage Learning.
- Gutierrez, A. P., Ponti, L., Herren, H. R., Baumgärtner, J., & Kenmore, P. E. (2015). Deconstructing Indian cotton: weather, yields, and suicides. *Environmental Sciences Europe*, 27(1), 12. <https://doi.org/10.1186/s12302-015-0043-8>
- Index of Economic Freedom. (2019). Malaysia. The Heritage Foundation. Retrieved from <https://www.heritage.org/index/country/malaysia>
- Inn, K. T. (2017). The success story of IGB REIT. The Star. Retrieved from <https://www.thestar.com.my/business/business-news/2017/09/04/the-success-story-of-igb-reit>
- Kalb, C. (2013). Your alarm clock may be hazardous to your health. *Smithsonian Magazine*. Retrieved from <https://www.smithsonianmag.com/science-nature/your-alarm-clock-may-be-hazardous-to-your-health-164620290/>
- Kim, W. C., & Mauborgne, R. (2005). *Blue ocean strategy: How to create uncontested market space and make the competition irrelevant*. Boston, MA: Harvard Business School Press.
- Kotler, P., & Keller, K. L. (2016). *Marketing management* (15th ed.). Harlow: Pearson Education.

- Morin, C. M., & Benca, R. (2012). Chronic insomnia. *The Lancet*, 379(9821), 1129–1141. [https://doi.org/10.1016/S0140-6736\(11\)60750-2](https://doi.org/10.1016/S0140-6736(11)60750-2)
- Patton, M. Q. (2002). *Qualitative research and evaluation methods* (3rd ed.). Thousand Oaks, CA: SAGE Publications.
- Porter, M. E. (1985). *Competitive advantage: Creating and sustaining superior performance*. New York, NY: Free Press.
- Riemann, D., Baglioni, C., Bassetti, C., Bjorvatn, B., Dolenc Groselj, L., Ellis, J. G., ... Spiegelhalder, K. (2017). European guideline for the diagnosis and treatment of insomnia. *Journal of Sleep Research*, 26(6), 675–700. <https://doi.org/10.1111/jsr.12594>
- Rogers, E. M. (2003). *Diffusion of innovations* (5th ed.). New York, NY: Free Press.
- The World Bank. (2019). The World Bank in Malaysia. Retrieved from <https://www.worldbank.org/en/country/malaysia/overview>
- Wok, S., & Mohamed, S. (2017). Internet and social media in Malaysia: Development, challenges and potentials. In *The evolution of media communication*. London: IntechOpen. <https://doi.org/10.5772/intechopen.68848>
- Xinhua. (2018, September 5). Political stability to be prime factor for investors in Malaysia: S&P. Xinhua News Agency. Retrieved from http://www.xinhuanet.com/english/2018-09/05/c_137446842.htm
- Yusof, A. (2018, October 25). Growing middle class and Malaysia's economic progress spur air travel growth. *New Straits Times*. Retrieved from <https://www.nst.com.my/business/2018/10/424844/growing-middle-class-and-malaysias-economic-progress-spur-air-travel-growth>
- Zailinawati, A. H., Mazza, D., & Teng, C. L. (2012). Prevalence of insomnia and its impact on daily function amongst Malaysian primary care patients. *Asia Pacific Family Medicine*, 11(1), 9. <https://doi.org/10.1186/1447-056X-11-9>